

Occupational

Occupational Therapy (OT) is a health, education, and human service profession. Certified Occupational Therapists (OTRs) work with people of all ages to enhance their performance of important everyday activities (*occupations*) despite the effects of illness, disability, or injury. OTs believe that for people to be healthy and happy, they must be able to engage in a wide variety of *occupations*, both basic and complex. The OT utilizes a variety of strategies and is a skilled problem solver who is committed to finding ways to enable people to lead independent, productive, and satisfying lives. What makes OTs different? In addition to dealing with an individual's physical well being, OTs address psychological, social, and environmental factors. This unique perspective makes OT an important part of a health care program. OTs treat the whole person.

Working in OT



According to the Occupational Outlook Handbook, employment in OT is projected to increase by 23% between 2006 and 2016. As rapid growth in the number of middle-aged and elderly individuals increases, the demand for OT also increases.

Additionally, medical advances now enable more patients with critical problems to survive; many of these patients need extensive OT.

OTs work in medically-, educationally-, and community-based programs as clinicians and supervisors. Such programs include, but are not limited to, hospitals, home-health agencies, mental health centers, nursing homes, schools, industry, and private practice. In 2006, OTs held about 99,000 jobs; their median annual income was \$60,470.

Additional Information

Health Professions Advisor

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TILT

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www.cahs.colostate.edu/ot/

American Occupational Therapy Association, Inc.

4720 Montgomery Lane
P.O. Box 31220

Bethesda, MD 20824-1220

(301) 652-2682 or

TDD 1-800-377-8555

www.aota.org

Graduate Record Exam

www.gre.org

CSU Pre-Occupational Therapy Club

www.casa.colostate.edu/advising/preprof/ot/club.cfm

Human Health Pre-Professional Programs

www.casa.colostate.edu/advising/preprof/index.cfm



Center for Advising and Student Achievement

OCCUPATIONAL THERAPY



Health Track Advising

Professional Programs

As of 2008 there were 156 accredited occupational therapy (OT) programs; 5 doctoral and 151 masters' level programs. Students are required to complete a bachelor's degree as a requirement for admission to all graduate degree programs. (AOTA)

For more information about specific occupational therapy schools, visit: www.aota.org/nonmembers/area13/links/LINK28.asp

*CSU requirement:

Students will be required to take a comprehensive multiple choice Human Disease/Conditions Challenge Exam based on independent preparation using Atchison (3rd edition). *Conditions in Occupational Therapy*. Lippincott Williams & Wilkins. A minimum exam score of 80% is required for students to continue in the program. Students are allowed two exam attempts within the first month of the fall semester. Students may elect to take formal coursework in this content area to prepare for this exam. Completion of a formal course will not substitute for passing the challenge exam.

Last updated 5/09—Information is subject to change.

Admissions Requirements

Admissions requirements are for CSU and may differ from school to school. Please contact individual schools to discuss specific admissions requirements.

- Bachelor's degree
- Competitive cumulative GPA (3.0 or higher)
- Competitive Graduate Record Exam (GRE) score
- Application submitted to CSU (includes a resume, 3 references & a personal statement)
- Volunteer and/or work experience with people with disabilities (strongly recommended)

Typical Academic Prerequisites

Sociology or Anthropology

Lifespan Development

Introduction to OT

Medical Terminology

Statistics

Abnormal Psychology

Human Disease*

Physiology

Human Anatomy

Brain and Behavior (CSU requirement)

Physics (SOME programs)

CSU Courses

Select one: ANTH 100, ANTH 200, ANTH 244, ANTH 315, ANTH 320, ANTH 340. ETST 200, ETST/JTC316, IE 270A-C, IE/PHIL 550, PHIL 204, PHIL 205, SOC100, SOC205, SPCM305, SPCM 306

Select one: HDFS 101^, PSY/HDFS 175

OT 110^

OT 215^

Select one: STAT 201, STAT 204, STAT 301, STAT/ERHS 307, SOC 310

PSY 320^

See Note for CSU requirement

BMS 300 (BZ 101, 110 or Life 102 AND CHEM 103, 107 OR 111)

BMS 301 (Life 102 or BZ110)

BMS 345 (BMS 300 or 360) OR PSY 454 (PSY 250)

PH 121 (Math 125 pre-requisite)

PH 110/111 (Be sure to refer to specific program for Physics requirement)

^offered on-line at learn.colostate.edu